



VISIT TWMBARLWM'S BEST KEPT SECRET PWLL TRA (THE POOL OF AVARICE)



**A Walk and Talk by
Rob Southall - founder of
CTS, FoCFD and expert on
local myth and history**

**The Enigmatic Hidden
Secret of Twmbarlwm
with a Tale to Tell**

Saturday 6th July 2019

**Meet at the lower car-park of the Cwmcarn Visitor
Centre 10.15am for 10:30 departure**

Everyone is welcome on this walk which is graded as moderate, about 8 miles and should take about 3.5 hours. There will be a lunch stop at Pwll Tra (Pool of Avarice) so bring a packed lunch and drink.

Want to know why it's called the Pool of Avarice? Rob will tell us the tale.

This event is FREE of charge but donations to either society will be welcome.

Remember to wear stout walking shoes and appropriate clothing for the landscape and weather. Dogs welcome too (if kept on a lead under control).



Organised by
Cymdeithas Twmbarlwm Society –
in conjunction with
Friends of Cwmcarn Forest Drive
Join either society on the day

*Dedicated to research, restore and protect Gwent's most iconic landmark - Mynydd Twmbarlwm ~
join us on FaceBook today ~ and visit the website for more information*

www.twmbarlwm.co.uk