

THE Twmbarlwm HOT CROSS BUN WALK



Revive the Tradition...
Your parents did it, your
grandparents did it ~ even
Cistercian monks did it...

**...walk up Twmbarlwm
on Good Friday
14th April 2017**

Make your own way there - or join one of the group walks:

- CTS members will be leaving from Pontymister Bridge, Fields Road at 10.30am
- Friends of Cwmcarn Forest Drive will leave from the Cwmcarn visitor Centre, Lower car park at 10.30am
- There will be a other groups starting from various locations – details will be announced on our website.

We'll all meet on the Twmp at the top of Twmbarlwm after midday to have our picnics and enjoy Hot-cross-buns distributed FREE by CTS

*It's worth the trek
just for the views
but as a bonus,
CTS will offer
HOT CROSS BUNS
FREE to all who
reach the summit
(first-come, first served)*



Help us research, restore and protect Gwent's most iconic landmark
- join us today - visit the website for more information

www.twmbarlwm.co.uk

THE Twmbarlwm HOT CROSS BUN WALK

Good Friday ~ 14th April 2017

It has long been local tradition for people to get together and walk to the top of Twmbarlwm – it's a tradition that was starting to fade away but **Cymdeithas Twmbarlwm Society** has been promoting the event for the past few years and more and more people turn up every year.

We don't expect everyone to join our organised walk but all will be welcome. We just want to encourage people to get up the Twmp, any time of the day, at their own pace and bring a picnic and spend a while enjoying the views and the mystery of this iconic mountain.

CTS members will be there offering Hot Cross Buns to all who get to the top, FREE (on a first-come, first served basis) – but we will gratefully accept any donations to the cause.



**Hundreds of
people
enjoyed doing
it last year**



**Show Your Support for Our Cause – Become a Member of
Cymdeithas Twmbarlwm Society Today**

Many visitors to our unique mountain, Twmbarlwm, are filled with admiration for its history, its beauty, the landscape and the views. But they are also often horrified by the apparent neglect and abuse by others who just don't care for their environment. Our society is trying to change all that, but to do so we need funds, volunteers and expertise - but most of all your straight-forward support – you don't have to attend all our events or lend a hand (but it would be good). If we can show, through our strength of numbers, that many people really do care then we gain a stronger voice in trying to achieve our aims - **become a member today, show that you care!**



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